

2021 Workshop Descriptions

Supervision

Sharon Good “Wading into Muddy Waters: Possible Ethical Dilemmas in Supervision”

Too often ethical discussions in Supervision are reactionary topics rather than pre-planned. We will discuss Case Studies on various topics you should be talking about in Supervision, but probably don't.

Bobbie Burks “Supervisor Boot Camp”

This workshop will emphasize the basics of competent counselor supervision. It is aimed at individuals who are considering either pursuit of supervisor certification, those new to the supervisor role, or those who have been supervisors and need a refresher of basic supervision goals and ethics. The format will be interactive, encouraging attendees to express their concerns, hopes, and past experiences for supervisory practice.

Interventions and Assessments

Steve Bryan “Unlocking Truth: Through Memory Reconsolidation”

In this workshop, you will learn what happens in our brain when God unlocks distorted core beliefs and replaces them with His truth; a process called memory reconsolidation. This is the neurobiology of transformation! Aspects of memory reconsolidation are found in many effective healing modalities and spiritual practices. By learning the conditions necessary for memory reconsolidation, you will be better equipped to join with God in facilitating His work!!

Sherry Rosenblad “Advanced Sandtray Therapy”

Sandtray Therapy provides a bridge into feelings and self-discovery for issues that can be difficult to understand or discuss. This workshop will build on the foundations of Basic Sandtray principles. Sandtray Therapy can be done from major theoretical orientations; it can be used in Supervision to help supervisees; it can facilitate processing between couples; and it can provide a safe mechanism for dealing with trauma in addition to spiritual issues. All of these areas will be explored through case studies and discussion.

Kurt Boyland “The Cure for Anxiety: Diagnosis and Treatment”

Using Scripture, this workshop will examine the four primary causes of anxiety and provide ten powerful skills to apply toward the mastery and cure of anxiety. Practical application of the tools for both counselor and client will be discussed. Also in this workshop, listeners will explore why traditional coping skills for anxiety do not work and, lastly, how to apply biblical truth in all therapeutic contexts.

Relationship and Attachment

Michele Hake & Jordan Cavitt “Understanding the Importance of Attachment in Couple’s Work”

This workshop will appeal to therapists who want to learn more about Attachment Science in general, as well as those who want to apply Attachment concepts in their work with couples in a Christ-centered way.

Vanessa Jackson “Suddenly Single: What Man Meant for Evil, God Meant for Good”

This presentation covers different aspects of helping a client cope after divorce. They struggle with depression, anxiety, addiction, suicidal ideation, promiscuity, and all types of violence. We are all “crowned with Glory and Honor” (Psalm 8:5), and every client we see desires that honor to be restored. However, people don’t always flourish simply because they are given Jesus’ teachings. Giving them tangible skills is often necessary to bridge the gap between what they know and what they feel. This presentation outlines how to do this.

Scott Floyd “Trust and Betrayal in Marriage: Conceptual and Therapeutic Approaches to Helping Couples Build Trust and Repair Betrayal”

Everyone acknowledges that trust is crucial to marriage, but few couples understand the mechanisms for building trust, what damages trust, and what couples must be done if a couple experiences a betrayal of trust. In this workshop, participants will consider definitions of trust, a biblical basis of how trust works in relationships, how trust grows or diminishes in marriage, and how betrayals of trust take place and how they can be repaired. This session will focus on therapy but with implications for couple enrichment.

Matt Sessoms “Diagramming Intimacy: An Intervention for Developing Intimate Communication”

To empower attendees with an intervention for couples who are struggling to formulate concept of life intimacy, and who fail to know how to talk with each other about developing intimate connections in their relationship. Bring writing material with you and be prepared to diagram with the presenter.

Trauma

David Deel “Holding Out Hope: Mental Health Crisis Assessment and Intervention”

This workshop is designed to equip mental health professionals, ministers and others to assist those experiencing a mental health crisis obtain the care needed to safely resolve the crisis they face. Participants will review 10 core competencies of assessment and intervention including assessment, networking, referral, and safety planning as well as personal care and development. All of this will be presented within the context of integrating Christian faith and principles with evidence-based practice as the foundation for holding out hope for those otherwise feeling hopeless.

Elizabeth Pennington, MA, LPC, RPT "God as The Ideal Parent: EMDR Attachment Resource Development"

This workshop is for EMDR trained therapists and offers advanced application for treating childhood trauma and attachment with Christian clients. The "Ideal Parent" is an attachment resource intervention recommended for clients with complex developmental trauma including those with insecure adult attachment. For Christian clients, the "Ideal Parent" isn't a fictitious creation of the mind. Throughout the Bible, God identifies Himself as a parent and us as His adopted children. Learn how to respect EMDR protocol while developing a powerful spiritual resource for clients.

Breakfast Workshop

Laura Brudowsky “Be Still: A Christian Meditation Workshop: Utilizing Faith Based Mindfulness and Meditation”

“May my meditation be pleasing to Him, as I rejoice in the Lord”-Psalm 104:34. Join Laura, LPC, Registered Yoga Teacher and trained Meditation teacher in this interactive workshop to learn about faith-based meditation. Laura will discuss what the Bible says about faith-based meditation and teach you how to utilize this practice for yourself and with clients. We'll review common barriers that prevent someone from engaging in meditation during their walk with God, be it a client or you. Participants will also engage in meditation techniques for both self-care and reflection.

